



... the journey to the next level.

CLUB PROGRAM - PARENT/ PLAYER HANDBOOK

2020-2021 SEASON



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FLORIDA GULFSIDE VOLLEYBALL ACADEMY

WHO ARE WE?

Florida Gulfside Volleyball Academy (FGVA) is a sports organization that is dedicated to the teaching and training of volleyball in the southwest area of Florida. FGVA was established in 2013, motivated by dozens of girls from this region who already had taken private classes with FGVA's present-day Club Director and Coach, Jan Class.

The continuous recognition of the quality, respect, and Coach Jan's innovative training philosophy, as well as proven results due to quick improvement in his players, served as the inspiration for creating the Florida Gulfside Volleyball Academy; a place where children and youths can count on quality training necessary to maximize their abilities, achieve higher levels of performance and consequently that of their teams and the categories and/or schools that they represent.

The strength of Gulfside Volleyball is definitely the quality of their coaches. Gulfside's coaches have more than 200 years of combined experience at D1, D2 and D3 COLLEGE coaching and playing, multi-year HIGH SCHOOL coaching and high level REGIONAL, NATIONAL & INTERNATIONAL coaching. In addition all coaches at FGVA have earned collegiate degrees, ranging from bachelor's to doctorate's level.

FGVA Staff Bios: <https://www.floridagulfsidevolleyball.com/about/#staff>

VISION

At Florida Gulfside Volleyball Academy we are dedicated to providing your athletes with the experience of professional training, where the athletic potential maximizes individually and collectively with each practice, every game, and every tournament. We make an effort to help each player obtain optimal levels of athletic and intellectual development, promoting integrity, respect and discipline on and off the court.

MISION

To become the leading volleyball academy, producing the highest rate of high-performance athletes in the state; recognized as the most complete, innovative and efficient training program for this nation's youth.

FLORIDA GULFSIDE VOLLEYBALL ACADEMY ORGANIZATIONAL PILLARS

FOSTER
CHARACTER

ENHANCE
TALENT

CHANGE
THE GAME

BUILD
COMMUNITY

TRAINING PHILOSOPHY

Complete Control of Fundamental Skills: To us, the teaching of skills and adequate fundamental techniques as in the continuous correction of these, not only is it part of our workout plan in each one of the categories, it is a training rule (coaching) for all performance levels.

Physical Conditioning: The volleyball sport requires high levels of technique and strategic intelligence to handle different playing situations. For this reason it is very important at FGVA that each player is fit and able to carry out forceful and intense movements for long periods of time (1 or 2 hours). To Gulfside, a physical training program is not optional, but indeed a part of the regular training of a volleyball player at any level. For this reason, we rely on the knowledge and resources necessary for the analysis and efficient delineation of exercises and routines according to age, level, and the needs of the player.

Game Intelligence: To learn, understand, and master the execution of tactics and playing strategies is a fundamental part of training not only for the trainers, but also for the players. The development of an intelligent game plan in our athletes promotes decision-making and efficient plays on the court and consequently, better playing performance.

Sportsmanship and Discipline: Certainly to Gulfside, the attitude and emotional maturity of the team athlete is extremely important. Likewise, the intellectual development as a human being that matures through discipline, respect, and the management of responsibilities is cultivated just as much at the sports level as the social level.

Commitment: A volleyball team, beyond the strategic training of talents, requires a genuine individual commitment. It is on this individual commitment where the ambition, perseverance, and disciplined training of each and every one of the players of a victorious team falls back on. Similarly, the recognition of their respective roles on the team and how these impact the results in a collective manner is significant.

“Love for the Game”: We know that once the decision has been made to train or teach a sport at the competitive level, this becomes a lifestyle. With this in mind, the love for the sport, the love for volleyball is indispensable. At Gulfside we seek to promote in each one of our athletes the energy and passion to do the things they love to do. Commitment, loyalty, respect, dedication, and responsibility are only a few of the attributes of our training that we hope to pass on and develop equally in our athletes.

Family Atmosphere: We don't just say it, we live it. As a family company, we hold our values very close and treat every player's family as if they are our own. We know club sports aren't just a part of the athletes life, they involve all members of the family – and we work to provide an open, comfortable and rewarding club experience.

CLUB PROGRAM



TRYOUTS

- Methods used to assign players to teams are based on an evaluation conducted in a professional manner based upon the consensus of eight to twelve eminently qualified individuals.
- Players might continue to be moved from one team to another OR from one position to another during practices, tournaments or for the season if the qualified coaching staff feel that it is in the team's best interest to do so.
- Players that has an account in arrears will be restricted from participating in any upcoming tryout.
- If for some reason a player or a coach is no longer able or authorized to participate on the team, the Club Directors, in their sole discretion, may add another coach or players to cover that position or positions in the team.

PLAYING TIME

- Often times a player is the shining star on a high school or middle school team at a particular position and is not allowed playing time at that position in a Club. There are several reasons for this. First, we all have to remember that the competition within a Club is a lot stronger than on school teams; therefore, the competition for each position is more intense than in a school environment where the number of skilled players is limited. Second, the coach may have a particular need at a certain position and the player is the only one with the requisite skills to fill that need. In any event, talk to the coach first about any concern you may have and then support the coach's decision.
- **Under any circumstance, parents should not approach, call or text a coach, staff or directors at anytime in a tournament, during games or practices regarding personal concerns. A meeting time should be scheduled – 24 hrs. After the end of the practice or tournament to discuss such a matter. Please refer to the "Grievance Policy".**
- Players will not always play the same amount of time. We cannot provide a guarantee of playing time. FGVA does provide a guarantee of the right to practice with players of equal or better ability and, through hard work, to improve skill levels and to compete for the opportunity to play. Playing time is earned, not awarded. Negative comments directed to other parents, coaches and players concerning offensive schemes, defensive schemes, players' positions, who is playing, etc. or providing excuses to players for poor performances have no place in our program. Help maintain an excellent program by supporting coaches and players with a positive attitude.

Repetitive complaining to the athlete(s) or to a third party that interferes with the club's efforts to pursue its' stated mission and purpose may be a cause, in the sole determination of the club, to ask the member to resign.

CLUB PROGRAM



PLAYER RULES & POLICIES

- We expect that our athletes and parents act in a courteous manner throughout the season both locally and as they travel. Athletes or parents disobeying either FGVA, AAU or USAV rules and policies, or acting in a manner deemed inappropriate by the staff, may be disciplined or expelled from Florida Gulfside Volleyball Academy. If expulsion from the program is required, there will be no financial compensation.
- Every member of FGVA will be offered training through practices. Playing time is based on practice and event performance of the athlete as viewed by the team coach and the FGVA coaching staff. Court time at major competitions (such as Regionals, National Qualifiers, and/or Nationals) will most likely be geared toward the best line-up. Equal playtime is NOT guaranteed.
- Any member found to be in the possession of alcohol, tobacco, vapor cigarettes, illegal drugs or prescribed medication without written consent on the premises of any practice or tournament facility will be immediately expelled from the program.
- Players must contact their coach at least one hour before practice if they will not be in attendance. Athletes who miss practice are missing valuable information and training time and, potentially, may be subject to immediate disciplinary actions at the sole discretion of the Team Coach. These disciplinary may affect the player's playing time at practices, scrimmages, games and/or tournaments.
- To emphasize player responsibility, we do not want parents to call on behalf of their child (with the exception of the 13 and under parents/players).
- To promote team and program unity, all athletes are required to wear practice uniforms at all practices and full game uniforms at all tournaments. Team uniforms do not include jewelry, wristbands, or headbands. Warm up pants or shorts are to be worn over spandex outside of the gym/ tournament location.
- To prevent choking and 'sticky' situations, players will not be allowed to chew gum during practices, while playing, or while officiating at events. To ensure the safety of fans and spectators and to prevent damage at playing sites, ball handling will only be done in the gymnasium.
- **Players will arrive at the playing site at least one (1) hour prior to their first match (45 minutes for refereeing and 1 hour for playing the first match).**

CLUB PROGRAM



TOURNAMENTS

- All players are required to wear FGVA issued warm ups upon entering and leaving the gym/ tournament facilities. All players must also match practice t-shirts at tournaments or any other volleyball related functions.
- No food, drinks (other than water), or chewing gum is permitted in the gym at any time. Florida Region rules allow a tournament director to penalize teams if parents and/or supporters ignore this rule
- **All Players Travel & Non-travel are required to obtain BOTH an AAU & USAV membership for the upcoming season.** Any players who commits to the FGVA Club Season are expected to fully comply with all team practices and tournaments until their team's responsibilities are completed with the participation at the USAV National Championships (if the team qualifies) and/or AAU National Championships in the summer months. When committing to the FGVA Club Program, players are bound to participate on ONLY FGVA teams, whether indoor or beach.
- **All athletes who commit to the Club Season are expected to attend ALL tournaments. Tournament participation is NOT optional, is MANDATORY.**
- Players failing to meet their commitment, will be subject to disciplinary actions (Please refer to the *Club Discipline Policy* – Page 17). However, if an athlete cannot attend a tournament, she MUST inform the Coach as soon as the scheduled is issued in August (right after tryouts) and no later than September 1st to request an approval from the Club Administration.

UNIFORMS

- The Club has standardized on Navy, Orange, White and Gray as the Club colors. The Club may make changes to uniforms from year to year due to shortages or obsolescence of colors, fabrics or brands, or from other circumstances beyond the control of the Club.
- The required uniforms are provided by FGVA. Should a player lose an uniform piece, it must be replaced at an additional cost to the player.
- Teams (Parents, Players and/or Coaches) shall not purchase or produce individual/team apparel without the approval of the Club Directors.

OFFICIATING

- To ensure fairness in distributing officiating duties, every player must complete all USAV Florida Region required officiating clinics.
- In addition, players may leave a tournament only after all refereeing duties have been completed and permission has been obtained from the team coach.

CLUB PROGRAM



TRAVEL

1. Travel expenses for players/ families are not included in the club fees. You should fully understand the tournament schedule in order to estimate the actual travel expenses that you may incur such as air/ ground transportation, hotel & meals.
2. The parents of the players are responsible for providing transportation to all practices. In the same manner, the parents have the responsibility of transporting their children to the location of designated tournaments, corresponding hotels and both of these throughout the duration of the tournament.
3. Athletes will be required to obtain permission from their team coach before leaving a hotel or playing site.
4. When traveling via airline, FGVA expects all teams to dress accordingly. If the team decides to wear FGVA apparel, every member of the team should wear the same thing. If the team decides to just look nice, please use good taste when selecting your attire for the airline. No midriffs, "daisy dukes"...
5. We encourage parents to travel with the team to different events, but this is an extra expense to the family. If for some reason, the parents or guardians of the player cannot travel we urge them to coordinate beforehand with other parents of the team so that their daughter is under that parent's guardianship during the trip/tournament. No player shall be under the guardianship of any FGVA coach during the trip/tournament nor stay overnight at his/her room.
6. Prior to an out of town tournament, the coach must receive in writing the date and time the athlete will be arriving and departing from the event in addition to the location of stay.
7. Staying overnight at the FGVA assigned hotel in the authorized room block for all nights as per dates provided by the Club is MANDATORY.
8. Players not staying at the FGVA assigned hotel in the authorized Room Block for reservation dates provided by the Club, will be subject to immediate suspension for that tournament and further disciplinary actions described in the *Club Discipline Policy*.

CLUB PROGRAM



PRACTICES

- Always be at least 15 minutes early. We have limited gym space and to avoid another team's practice starting late or your practice running short, every athlete must be dressed, warmed up, and ready to go at the practice time listed.
- Volleyball shoes should be carried into practice and tournament venues and only worn for practice and games to assure that the shoes last longer and our practice facilities remain clean.
- All athletes are required to wear the FGVA Orange practice T-Shirt (provided) to practice. Each team is required to wear the same practice t-shirt at practice.
- If an athlete is late arriving to a practice, she must change into her practice gear, report to her coach and explain why she is late. Her coach, in his/her sole discretion, will determine any corrective action to be taken.
- An injured athlete who attends school is expected to attend FGVA practice, even if she cannot physically participate in practice. This policy is to offer support to her team as well as to assist the coach if needed.
- Transportation to practice is the responsibility of the parents/guardian. If your daughter has to wait after practice for someone to pick her up, FGVA coaches are required to stay with her. In this situation, the coach has the authority to charge a \$25 fee for each half hour. Please do not take advantage of the fact that he/she is required to stay with your daughter if you are late.

PRACTICE & TOURNAMENT SCHEDULE

Please note that while Club Practices and Tournaments for the upcoming season were confirmed at the time of tryouts, fortuitous events, Act of God, unforeseen occurrence or circumstances beyond the control of the FGVA may occur and the Club may need to cancel, reschedule or postpone practices, scrimmages and/or tournaments. As such, FGVA reserves the right to alter or modify the practices, scrimmages and/or tournament schedule if necessary. Any changes on the practices and/or tournaments schedule will be updated on our LeagueApps Application as soon as possible.

Practices are ALWAYS subject to change, in regards to; time, days, and location for FGVA. We have several facilities located in Collier and Lee county and will use said facilities as needed. Any changes regarding times days, and location of the practices will be available in the LeagueApps Application. Parents/Players are responsible to Log In to their LeagueApps account and stay informed about practice/tournaments schedules.

CLUB PROGRAM



PARENT RULES AND POLICIES

- Florida Gulfside Volleyball Academy aspires to be and remains to be highly regarded for its professionalism and values that exist on it. That is why just as we expect certain actions of our players, we also ask the same courteousness and politeness from our players' parents.
- The legal consumption of alcohol by parents, team chaperones, coaches and tournament officials should be done in a responsible manner at all times, and only once tournament play for that day has concluded and also is in adherence to all local, state and federal laws.
- Parents should refrain from any unsportsmanlike conduct that could embarrass the club or penalize a team. Parents disobeying FGVA, AAU or USAV rules, or acting in a manner deemed inappropriate by the staff, may cause the player to be suspended or expelled from FGVA.
- FGVA and its staff are not responsible to manage matters that are not related to the volleyball training services it provides. Personal issues between players and/or parents should be discussed and resolved between parties involved outside FGVA premises and activities (practices, games, tournaments, meetings, team dinners, etc.)
- Parents will not be permitted to discuss coaching philosophies with the coaches at practices OR tournaments. FGVA asks that, if a parent is concerned about something with a team/player/coach, he/she will wait 24 hours after the end of the practice or tournament before discussing the matter with the coach. If further problems arise, please contact the Director of the club who may schedule a meeting with the Coach, Directors, player and parents all together. (Please see Grievance Policy & Procedures).

TEAM PARENTS

Every FGVA team shall have a *Team Parent*, which is basically a team representative. This parent will make sure the coach has everything needed from the team's parents. Usually asked to be the team chaperone as well.

Team Parent will be in charge of making sure each member of the team has a list of everyone's contact information. In addition, this parent will be in charge of contacting all the parents if the coach needs information for the team spread quickly. May be asked to communicate emergency plans or changes at the coaches' request. Also, all team bonding/social activities should be coordinated through or along with the Team Parent (not through the coach). The Team Parents should be aware of all Team bonding events. The Team Parent will keep the Club Directors informed about these events.

This parent needs to be available to attend all travel engagements and will also be in charge of helping the coach when traveling. This duty includes helping Gulfside determine which parents will be traveling with the team and the accommodations needed. Remind and gather any information necessary for travel for FGVA (i.e. a list or spreadsheet of all hotel, information and flight details including coaches, players, and parents).

ELECTRONIC COMMUNICATION POLICY

FGVA recognizes the prevalence of electronic communication and social media in today's world. Many of our athletes use these means as their primary method of communication. While the Club acknowledges the value of these methods of communication, the Club also realizes that there are associated risks that must be considered when adults use these methods to communicate with minors.

SOCIAL MEDIA: FACEBOOK, INSTAGRAM AND SIMILAR SITES: Coaches and athletes are not permitted to "private message" or "instant message" each other through any Social Media Site.

The Club has an official Facebook & Instagram page that athletes and their parents can "Like" or "Friend" for information and updates on team-related matters. Teams (Parents, Players and/or Coaches) shall not create a Facebook, Instagram, You Tube or any other type of Social Media account using the Logo, Name or Image of Florida Gulfside Volleyball Academy.

TEXTING: Subject to the general guidelines mentioned above, texting is allowed between coaches and athletes during the hours from 7:00am until 10:00pm. Texting only shall be used for the purpose of communicating information directly related to team activities another Applicable adult or the parent should be copied or included on the message.

REQUEST FOR DISCONTINUE ALL ELECTRONIC COMMUNICATIONS: The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communication. Immediate compliance without repercussion must be granted.

MISCONDUCT: Social media and electronic communications including *LeagueApps Application*, can be used to commit misconduct (e.g. emotional, sexual, bullying, harassment, defamation and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our Parent/Player Handbook.

OFFICIAL USE: The use of official communication tools such as the FGVA *LeagueApps Application*, Social Media, Email and Texting at anytime should not be used by staff, parents or players for personal matters in any way.

VIOLATIONS: Violations of the FGVA Electronic Communication Policy should be reported to the Club Director or Club Administrator. Complaints and allegations will be addressed following the appropriate procedure.

A USAV participant or parent of a participant who violates this policy is subject to appropriate disciplinary action, including but not limited to: suspension, permanent suspension and/or referral to law enforcement authorities.

CLUB PROGRAM



GRIEVANCE POLICY & PROCEDURES

Coaches should offer a positive developmental environment for a child and should help serve as role models for game skills and sportsmanship. However, parents will sometimes disagree with a coach's decision or approach, especially when it involves their child. Parents have to understand that the coach does not represent a player. The coach represents the team and must make decisions from a team perspective first and a player perspective second.

In the same way FGVA expect all players and parents to put team goals before all else and respect our playtime standard. Which means the best player for the job will play and all other players must be ready and willing to support the team's goal before any personal agendas. This competitive model allows the team to perform as well as possible at national events; Junior Nationals, AAU Nationals and qualifiers.

For parents, it is important to separate their child's sports development from game emotions. For this reason, we have adopted the "24 Hour Rule" which simply states that coaches will not discuss a game or situation until at least 24 hours after the fact OR after the tournament ends. This important rule does two things. First, it removes the discussion away from the presence of the players. Second, it allows all parties to have time to put things in perspective and a "cooling off" period if necessary. If parents will respect the 24 Hour Rule, their concerns are more likely to be fully addressed in a reasonable discussion. More importantly, the player's enjoyment of a game will not be marred by an ill-timed confrontation between parents and their coach.

Knowing when to communicate and how to communicate with your athlete's coach might be a concern for almost every parent at some time during the season. Most often, the concern is how to inquire about issues surrounding playing time. FGVA encourage the athlete to talk to the coach when she has a problem with her playing time. If the athlete is unsure or unclear about what the coach expects from her, either in practice or in competition, the appropriate action is for the athlete to communicate with the coach as to what she needs to do to get more opportunities to play in matches or at another position.

When parents have a problem that is specific to their own athlete, we also encourage them to speak first to the coach. Coaches DO NOT discuss "coaching decisions." Coaching decisions include, among other things, specific match decisions (who played when, who was subbed in/out and when, etc.).

"24 HOUR" POLICY

Playtime is a very complex determination. It includes the coach's opinion, the athlete's ability, the athlete's potential, the team's needs at the moment, the momentum of the game, and the team's needs for the future. The coach will not be required to defend his/her thought process or conclusions in these determinations, and it is improper for a parent to make such a request, specially during tournaments. Players/Parents who do not comply with this rule will be entitled to an immediate suspension of the player from sets, games and/or tournaments at the discretion of the coach and/or Club Directors.

In addition, FGVA instruct coaches not to discuss any athlete other than the parent's own child or the actions of any other FGVA coach. If you, as a parent, have legitimate concerns about a coach other than your athlete's coach, or with an athlete other than your own, you must address this issue with the Director.

"24 HOUR" POLICY- STEPS

STEP #1: The athlete should first speak to the coach about the matter. If the matter remains unresolved, or the athlete has a reasonable concern that speaking to the coach will not resolve the matter, then move on to Step 2.

STEP #2: The parents and player should speak or meet with the coach. Parents and/or athlete should contact the coach via TEXT AND/OR EMAIL, following the electronic communication policy, to set up a meeting time (never during a tournament).

- **A parent should never approach a coach, text or call during a tournament.** We have instructed the coaches to follow the "24 hour rule", to refuse to discuss any controversial matter during a tournament, and to refer the parent to the Team Parent. The coach will then walk away.
- The recommended time for a parent to schedule a meeting is usually before or immediately following a scheduled practice.
- If the matter remains unresolved or if the parent has a reasonable concern that speaking with the coach will not resolve the matter, then go to step 3.

STEP #3: The parent may speak to the Director(s) and request a meeting with the coach and Director (s) together.

- In certain situations, FGVA may request the athlete to also attend.
- Meetings should be previously arranged. This will not take place at a tournament site.
- The Director(s) will not engage in discussions about coaching technical decisions.
- The meeting should take place at a location considered adequate for private discussion, agreed upon by the parent, coach, and director and during a scheduled time away from practice or a tournament. The decision of the club director at this point is FINAL.

CLUB PROGRAM

DEPOSITS, PAYMENT SCHEDULE AND REFUND POLICY

Each player is required to meet all financial obligations. The Club's budget is based on the number of participants that commit to play on each team each season, and the Club has financial obligations to meet according to that budget.

As a result, the fees must be paid to the Club even if Club Player elects to cease participation in the Club or if the Player is expelled from the Club at any time. There are no refunds once the player/parent signs the commits to the team by accepting the spot and registering to the Program.

If a critical illness or injury occurs during the season that prevents the player from continuing for the rest of the season, a Doctor's report with a letter requesting relief may be submitted. The Doctor's report should include the initial date of injury/diagnosis, and must accompany a letter by the member explaining the injury or illness and making a specific request for relief from the obligation to pay the remainder of fees due. The Doctor's report and letter of explanation will be considered on a case-by-case basis, and Club Directors in conjunction with the Advisory Board may only grant relief, if any.

Upon making any FGVA team, at a tryout, there is a NON- REFUNDABLE \$400 deposit due to secure the spot. Subsequent refund of any club dues is based on the number of players per team and given for medical reasons ONLY. *Please see Refund Policy Addendum applicable to COVID-19.

Payment will be made in 5 installments or all at once*. The days of paying tuition for the 2020-21 season are the 2nd of each month:

- FIRST PAYMENT: \$400: Due on the day of selection of the team.
- SECOND PAYMENT: October 2nd, 2020 (25% of remaining balance)
- THIRD PAYMENT: November 2nd, 2020 (33% of remaining balance)
- FOURTH: December 2nd, 2020 (50% of remaining balance)
- FIFTH & FINAL PAYMENT: January 2nd, 2021 (100% of Balance)

** Payments made at once on the day of team selection, will receive \$75 discount on total fees.*

INVALID CREDIT CARDS, RETURNED CHECKS AND/OR PAYMENT FAILURE

Every payment due not received or credit card transaction that is unable to be process by FGVA OR any payment that is under dispute will be subject to a \$30 late fee charge will be added to the account every week it is past-due.

If the payment due is NOT made in full within seven (7) days, the player will be ineligible to practice or play until the payment is settled with the FGVA Office. Returned checks will be charged an additional \$30.00 reprocessing fee.

Methods of payment:

- Credit Card thru your account on LeagueApps: <https://leagueapps.com>
- By check made out to FGVA: 4001 Santa Barbara Blvd. #335, Naples, FL 34104.
- Cash: Delivered directly (ONLY) to the Director(s)

ADDENDUM - COVID-19 REFUND POLICY

This policy was created to provide players and families with information about the refund/credit procedures to follow in case the Club is forced or decides to pause, postpone and/or cancel training, tournaments or the season due to COVID-19 Health Advisory.

FGVA will continue implementing our Safe Return to Play Plan and so will base its decisions regarding the season by following closely the USAV & AAU National Bodies as well as Federal, State and Local updates and mandates regarding COVID-19 Response.

To help our families understand how refunds will be handled under these possible circumstances, we would like to be clear that the 2020-21 club season starts with tryouts in **August 2020**. Therefore, even though teams do not begin practices until November, our staff have already been working diligently on all tasks prior to players stepping foot on the court. Most of the planning and preparation for the season takes place by our staff in July, August, September and October. The remainder of the season is equally busy with continuous management of parent and player communication, adjusting tournament schedules, handling hotel accommodations, creating rosters for each tournament, tournament scheduling and adjusting each week, parent, coach and player management, practice planning, uniform ordering and distribution, college recruiting and other technical and administrative efforts involved.

Below is what the refundable and non-refundable line items in our budget will be when calculating refunds. Please see the list below.

SEASON CANCELLATION BEFORE NOVEMBER 1st, 2020

If the season is definitely canceled (unable to resume) before November 1st due to COVID-19, all payments will be refunded except \$400 non-refundable deposit.

SEASON CANCELLATION AFTER NOVEMBER 1st, 2020*

If the season is definitely canceled (unable to resume) at any point after the start of the season (November 1st, 2020) due to COVID-19 Health Advisory, only the following three items listed will be refunded:

- **Tournament entry fees of cancelled events** (which varies per team based on the event and can range between \$150 and \$1000 based on location (In State/ Out-of-State), length of event (1, 2, or 3 day); and/or type of event (Regional/ Qualifier)*);
- **Unused coach travel expenses** (which varied based on travel distance, length of event, and location of event);
- **Percentage of unused court rental time and training** that did not occur, which varies based on time of day and time of the season.

CLUB PROGRAM



ADDENDUM - COVID-19 REFUND POLICY

- *Please note: Tournament Host's typically do not refund 100% of the tournament registration fees that FGVA prepays in advance usually in the early fall (as most have overhead costs or prepaid costs that were also nonrefundable).
- Items above will be prorated per person, based on the number of athletes on the team.
- Decisions regarding the status of the season will be made by the FGVA Leadership Team as updates, rules and regulations are communicated by the Club's governing bodies.

Non-refundable fees / expenses the club may incur prior to a suspension or cancellation of the season:

- Tryout Fee
- Players Practice T-Shirts & Uniforms
- Staff Uniforms
- Prepaid coach stipends
- Marketing and Advertising Fees
- College Recruiting Advising / Coordination
- Technology Fees (Computers, Printers, LeagueApps Subscription)
- Education/Training Fees (as required by USAV Volleyball and FGVA)
- Dues/Subscriptions to USAV, AAU, etc.
- Website Fees and Management
- Accountant Fees
- Training Equipment
- Facility Rental & Office Overhead:
 - Office Supplies
 - Custodial Service Fees
 - Building Maintenance Supplies
 - Safety & Sanitizing Supplies
 - Utilities
 - Equipment Replacement Costs
 - Floor Maintenance Costs
 - Property and Liability Insurance
 - Telephones, etc.

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OTHER POLICIES REGARDING GRIEVANCES WITH FGVA

FGVA will not tolerate hostile, aggressive confrontations between a parent and any staff member, official, coach, athlete, or another parent, whether the confrontation is within the club or not. Violation of this policy may result in the athlete(s) being dismissed from a game, tournament or the Club.

It is inappropriate for an athlete or parent to approach or share with other FGVA members information about a problem the athlete or parent is having with an FGVA Staff member. Asking uninvolved persons to take sides in an issue is unfair to the third party and to the Club. For the psychological health of the teams and the club as a whole, grievances need to be handled between the parties involved and the decision makers in the situation.

- Remember: Competitive team athletics, by nature alone, create situations where everyone may not be happy all of the time.

Any member who is approached and asked to listen to or to express an opinion about matters between two other parties in the club is strongly encouraged to refer the complaining party to take the matter up with either the coach or the Club Directors.

Any member who, as a third party, hears remarks or stories about FGVA, its' employees or its' policies, that cause the member to be concerned, is encouraged to call the Director(s) immediately to determine the facts, or to alert the club administration to a situation of which it may be unaware.

- By the time the story gets to a third or fourth party, it frequently bears little resemblance to the truth or to the facts of the situation.
- It is also detrimental to the athlete and disruptive to the team to complain to the athlete about the coach, the coach's style, or the FGVA policies.
- If you, as a parent, are unhappy or concerned about any matter, address the party in control. If the athlete is unhappy, she needs to address the appropriate party.

###

TRAVEL PROGRAM: FEES



FGVA Club Programs operates under the system "All Inclusive." You will NOT receive any additional invoices during the season.

NAVY ELITE TEAMS

Navy and White teams are FGVA's most competitive teams. The goal is to prepare the players to be successful by putting the best team on the court with the best chance of winning. They are made up of girls with strongest skill level and the desire to train and push themselves to their highest level of play.

11U-12U Team SEASON FEE: \$2,925

- 6 Months of Training
- **Two (2) practices per week/2 hrs. each**
- Integrated conditioning program
- Entry Fees for 6-7 tournaments including **One (1) National Qualifier In-State**
- Uniform Package
- Indoor – Air Conditioned Facilities
- Insurance & General Liability
- Head Coach Salary and ALL his/her Travel expenses

13U-18U Team SEASON FEE: \$3,100

- 6 Months of Training
- **Two (2) practices per week/ 2 hrs. each**
- Integrated conditioning program
- Entry Fees for 6-7 tournaments including **Two (2) National Qualifiers** (One Out-of-State)
- Uniform Package
- Indoor – Air Conditioned Facilities
- Insurance & General Liability
- Head Coach Salary and ALL his/her Travel expenses
- College Recruiting Advising/Assistance

NAVY PRIME TEAMS

13U - 18U Team SEASON FEE: \$3.495*

- 6 Months of Training
- **Three (3) practices per week/ 2 hrs. each**
- Integrated conditioning program
- Entry Fees for 6-7 tournaments including **Three (3) National Qualifiers**** (Two Out-of-State)
- Uniform Package
- Indoor – Air Conditioned Facilities, Insurance & General Liability
- Head Coach Salary and ALL his/her Travel expenses
- College Recruiting Advising/Assistance

- *All NAVY ELITE & PRIME TEAMS are required to participate in the USAV National Championships (if the team qualifies) or the AAU Nationals for an additional fee. The additional fee for the USAV Jr. Nationals or the AAU Nationals Training/Tournament is between \$525 and \$675 per member depending on the number of players in the team and the tournament to attend.*

TRAVEL PROGRAM: FEES



ORANGE & GRAY TEAMS

Orange teams are for the level of players already having the skills to play in a competitive team environment. This program is designed to offer an opportunity for volleyball players in the Southwest Florida area to improve, reach their full potential and to prepare for the next level of play.

11U - 12U Teams SEASON FEE: \$2,750	13U - 18U Teams SEASON FEE: \$2,825
<ul style="list-style-type: none"> • 6 Months of Training • Two (2) practices per week/ 2 hrs. each • Integrated conditioning program • Entry Fees for 4-5 tournaments in the Region* • Uniform Package • Indoor – Air Conditioned Facilities • Insurance & General Liability • Head Coach Salary and ALL his/her Travel expenses 	<ul style="list-style-type: none"> • 6 Months of Training • Two (2) practices per week/ 2 hrs. each • Integrated conditioning program • Entry Fees for 5-6 tournaments in the Region* • Uniform Package** • Indoor – Air Conditioned Facilities, Insurance & General Liability • Coach Salary and ALL his/her Travel expenses • College Recruiting Advising/Assistance

10U NAVY TEAMS

The program is designed to both introduce the "**FUNDamentals**" of volleyball to new players and also to help transitioning younger players get from learning the basic skills to performing advanced skills in preparation for both their club season and potential High School careers. Whether they are novice beginners, or players who are transitioning to more advanced skills, MINI VOLLEY - Club Teams will aid them in getting to *their* next level.

10U TRAVEL Teams

SEASON FEE: \$1,750

- 6 Months of Training
- Two (2) practices per week/ 2 hrs. each
- Integrated conditioning program
- Entry Fees for 2-3 tournaments/scrimmages in the Region*
- Uniform Package***
- Indoor – Air Conditioned Facilities, Insurance & General Liability
- Coach Salary and ALL his/her Travel expenses

*** Uniform Package for all Travel Teams includes: Two (2) Jerseys; ONE (1) Warm Up Jacket; One (1) Warm-up Pants; Two (2) practice T-Shirts; Two (2) Spandex Shorts; One (1) Organizer bag (New Members Only); One (1) Pair of Knee Pads; Two (2) Pair of Socks.

NON-TRAVEL PROGRAM: FEES



CLUB NON-TRAVEL SEASON

- The Gulfside Non-Travel League Program offers girls between the ages of 9 and 17 the opportunity to receive the same high-level training that characterizes Gulfside Volleyball in a LOCAL setting, without the commitment that requires a Regional or National travel team.

NON-TRAVELTEAMS

ALL AGES SEASON FEE: \$1,250*

- Five (5) Months Season
- Two practices a week – 2 hrs. each;
- Teams will be formed based on age and ability:
 - Beginners, intermediate and advance players
- Technical instruction, conditioning training
- Gulfside – Experienced/Qualified coach for each team;
- Practice & Games Shirts provided;
- Access to the FGVA Teams' Communication Software and Mobile App;
- Access to FGVA Club-wide events and member benefits/discounts, and more...

CLUB DISCIPLINE POLICY

The Club and its staff are working hard to maintain a first class reputation: therefore, expectations for players and parents are high. Those players who fail to comply with any of the FGVA Club Policies detailed in this Parent/Player Handbook and/or Tournament Schedule; will be subject to immediate consequences that, depending on the severity of the infraction, may range from reprimand, to loss of playing time, tournament suspension, expulsion from the current Team/Club Season and/or could be indefinitely banned from joining a Gulfside team in the future.

The determination of the penalty will be at the sole discretion of the Club Directors.

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Florida Gulfside Volleyball Academy (FGVA)

Club Director: Jan Class

MINOR ATHLETE ABUSE PREVENTION POLICIES

Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies

To satisfy these requirements, USA Volleyball provides these policies to USAV member clubs. Clubs may choose to implement stricter standards.

SafeSport Club Policies

1. One-on-One Interactions, including meetings and individual training sessions (Clubs are required to establish reasonable procedures to limit one-on one interactions, as set forth in federal law)
2. Massages and rubdowns/athletic training modalities Locker rooms and changing areas
3. Social media and electronic communications
4. Local travel
5. Team travel

These policies shall apply to the following:

- 1) Adult members at a facility that is either partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**
- 2) Adult members who have regular contact with amateur athletes who are minors
- 3) Any adult authorized by **FLORIDA REGION CLUB** that may have regular contact with or authority over an amateur athlete who is a minor
- 4) Adult staff and board members of a **FLORIDA REGION CLUB**

(Collectively "Applicable Adult" for the purposes of this policy)

USAV MINOR ATHLETE ABUSE PREVENTION POLICIES: POLICY 1- ONE-ON-ONE INTERACTIONS

Observable and interruptible

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** are permitted if they occur at an observable and interruptible distance by another adult.

One-on-one interactions between minor athletes and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a Covered Organization/LAO are prohibited, except in the circumstances described in meetings with mental health care professionals and health care providers of this section and under emergency circumstances.

Meetings between Applicable Adults and minor athletes at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult.

If a one-on-one meeting takes place in an office at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**, the door to the office must remain unlocked and open. If available, it will occur in an office that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.

Meetings with mental health care professionals and health care providers

If a mental health care professional and/or health care provider meets with minor athletes at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB**, a closed-door meeting may be permitted to protect patient privacy provided that:

The door remains unlocked and another adult is present at the facility.

The other adult is advised that a closed-door meeting is occurring written legal guardian consent is obtained in advance by the mental health care professional and/or health care provider, with a copy provided to the organization.

Individual training sessions

Individual training sessions between Applicable Adults and minor athletes are permitted at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB** if the training session is observable and interruptible by another adult. It is the responsibility of the Applicable Adult to obtain the written permission of the minor's legal guardian in advance of the individual training session if the individual training session is not observable and interruptible by another adult. Permission for individual training sessions must be obtained at least every six months. Parents, guardians, and other caretakers must be allowed to observe the training session.

MINOR ATHLETE ABUSE PREVENTION POLICIES: POLICY 2 - MESSAGES AND RUBDOWN/ATHLETIC TRAINING MODALITIES

Any massage or rubdown/athletic training modality performed at a facility or a training or competition venue under the jurisdiction of **FLORIDA REGION CLUB** must be conducted in an open and interruptible location. Any massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the massage or rubdown/athletic training modality in the room.

LOCKER ROOMS AND CHANGING AREAS

Non-exclusive facility: If **FLORIDA REGION CLUB** uses a facility not fully under their jurisdiction (for, e.g., training or competition or similar events) and the facility is used by multiple constituents, Applicable Adults in categories 1 through 4 are nonetheless required to adhere to the rules set forth herein..

Use of recording devices: Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces at a facility under the jurisdiction of **FLORIDA REGION CLUB** is prohibited. Exceptions may be made for media and championship celebrations, provided that such exceptions are approved by the **FLORIDA REGION CLUB** and two or more Applicable Adults are present.

Undress: Under no circumstances shall an unrelated Applicable Adult at a facility under the jurisdiction of **FLORIDA REGION CLUB** intentionally expose his or her breasts, buttocks, groin, or genitals to a minor athlete.

One-on-one interactions: Except for athletes on the same team, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area when at a facility under the partial or full jurisdiction of **FLORIDA REGION CLUB**, except under emergency circumstances.

If **FLORIDA REGION CLUB** is using a facility that only has a single locker room or changing area, separate times will be designated for use by Applicable Adults, if any.

Monitoring: **FLORIDA REGION CLUB** will regularly and randomly monitor the use of locker rooms and changing areas at facilities under their jurisdiction to ensure compliance with these policies.

USAV MINOR ATHLETE ABUSE PREVENTION POLICIES:
POLICY 3- SOCIAL MEDIA & ELECTRONIC COMMUNICATIONS



As part of **FLORIDA REGION CLUB** emphasis on athlete safety, all electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities.

Content: All electronic communication originating from Applicable Adults to minor athletes must be professional in nature.

Open and transparent: Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), another Applicable Adult or the minor athlete's legal guardian will be copied.

If a minor athlete communicates to an Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult should respond to the minor athlete with a copy to another Applicable Adult or the minor athlete's legal guardian.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult will copy another adult. Minor athletes may "friend" the organization's official page.

Facebook, Myspace, blogs, and similar sites: Coaches may not have athletes of **FLORIDA REGION CLUB's** Team join a personal social media page. Athlete members and parents can friend the official **FLORIDA REGION CLUB's** Team page and coaches can communicate to athlete members through the site. All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and for the purpose of communicating information about team activities or for team-oriented motivational purposes.

Twitter, instant messaging and similar media: Coaches and athletes may "follow" each other. All posts between coach and athlete must be for the purpose of communicating information about team activities.

Email and similar/electronic communications: Athletes and coaches may use email to communicate. All email content between coach and athlete must be professional in nature and for the purpose of communicating information about team activities.

USAV MINOR ATHLETE ABUSE PREVENTION POLICIES:
POLICY 3- SOCIAL MEDIA & ELECTRONIC COMMUNICATIONS (Cont.)



Texting and similar electronic communications: Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

Electronic imagery: From time to time, digital photos, videos of practice or competition, and other publicly obtainable images of the athlete – individually or in groups – may be taken. These photos and/or videos may be submitted to local, state or national publications, used in club videos, posted on club or club associated websites, or offered to the club families seasonally on disc or other electronic form. It is the default policy of **FLORIDA REGION CLUB** to allow such practices as long as the athlete or athletes are in public view and such imagery is both appropriate and in the best interest of the athlete and the club. Imagery must not be contrary to any rules as outlined in **FLORIDA REGION CLUB's** Participant Safety Handbook.

Request to discontinue all electronic communication or imagery: The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches or Applicable Adults subject to this policy. (Photography or videography). The **FLORIDA REGION CLUB** will abide by any such request that their minor athlete not be contacted via electronic communication, absent emergency circumstances.

Misconduct: Social media and electronic communications can also be used to commit misconduct (e.g., emotional, sexual, bullying, harassment, and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our Participant Safety Handbook.

Violations: Violations of **FLORIDA REGION CLUB's** Electronic Communications and Social Media Policy should be reported to your immediate supervisor, a **FLORIDA REGION CLUB** administrator or a member of **FLORIDA REGION CLUB's** Participant Safety Committee for evaluation. Complaints and allegations will be addressed under **FLORIDA REGION CLUB's** Disciplinary Rules and Procedure.

USAV MINOR ATHLETE ABUSE PREVENTION POLICIES (MAAPP):
POLICY 4 - LOCAL TRAVEL



This policy shall apply to:

- 1)Adult members who have regular contact with amateur athletes who are minors
- 2)Any adult authorized by **FLORIDA REGION CLUB** to have regular contact with or authority over an amateur athlete who is a minor
- 3)Adult staff and board members of **FLORIDA REGION CLUB**

(Collectively "Applicable Adult" for the purposes of this policy)

LOCAL TRAVEL consists of travel to training, practice, and competition that occurs locally and does not include coordinated overnight stay(s).

Transportation: Applicable Adults who are not also acting as a legal guardian, shall not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must have at least two minor athletes or another adult at all times, unless otherwise agreed to in writing by the minor athlete's parent/legal guardian in advance of each local travel.

USAV MINOR ATHLETE ABUSE PREVENTION POLICIES (MAAPP): POLICY 5 - TEAM TRAVEL



This policy shall apply to:

- 1) Adult members who have regular contact with amateur athletes who are minors
- 2) Any adult authorized by **FLORIDA REGION CLUB** to have regular contact with or authority over an amateur athlete who is a minor
- 3) Adult staff and board members of **FLORIDA REGION CLUB**

(Collectively "Applicable Adult" for the purposes of this policy)

TEAM TRAVEL is travel to a competition or other team activity that the organization plans and supervises.

Team/competition travel: When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete must have his/her legal guardian's written permission in advance and for each competition to travel alone with said Applicable Adult.

Hotel Room: Regardless of gender, a coach shall not share a hotel room or other sleeping arrangements with a minor player. (Unless coach is the parent, guardian or sibling of the player) However, a parent/legal guardian may consent to such an arrangement in advance and in writing. Furthermore, a parent/legal guardian may consent in advance and in writing to the minor athlete sharing a hotel room or other sleeping arrangement with an adult athlete.

Coach or his/her designee will establish a curfew by when all players must be in their hotel rooms in a supervised location. Regular monitoring and curfew checks will be made to each room by at least two properly background screened adults. At no time should one adult be present in room with minor players, regardless of gender.

Team personnel should ask hotel to block adult pay per view channels.

Meetings: Meetings shall be conducted consistent with the **FLORIDA REGION CLUB** policy for one-on-one interactions.

Individual meetings between coach and player may not occur in hotel sleeping rooms and must be held in public setting or with additional adults present with one of those adults being the same gender as the player.



CLUB PROGRAM: RELEASE POLICY

- After a player commits to a team and completes registration with the *Florida Gulfside Volleyball Academy*, the player is considered registered to the Club.
- Each player is bound to the Club for the entire seasonal year which runs from July 1st of one year through the Junior National Championships (the following year); OR until the end of her/his practices, games and tournaments responsibilities with the team are completed (in case the team does not qualify for the GJNC).
- In the event that a athlete/family wishes to disaffiliate from FGVA during the respective season, the athlete/family in question must submit a written request for release to the FGVA Club Director (at the club's email address) and to the Florida Region at office@FloridaVolleyball.org stating the reason for the request.
- FGVA will not consider a request for a release from the program during the season until that player has paid his/her entire financial obligations to the Club for the season.
- If the release is approved by the Club Director(s), all fees for the entire season must be paid in full and all club gear provided to athlete for the season must be returned.
- Players receiving *Financial Assistance* will not be released during the seasonal year unless they pay the full tuition fee associated with the team, including any portion of granted assistance.

NOTE: Once a female junior player has participated in a GJNC Qualifying event (Regional or National) she may not be on the Official Roster of, or participate in, another GJNC qualifying or championship event with a different Club. *Source: USAV Girls' Jr. National Qualifier Manual – "Frozen Player" Rule.*

Please refer to the Florida Region of USA Volleyball PARENT INFORMATION PAGE - *Club Releases/Transfers* for additional details: www.floridavolleyball.org

By our signatures below, I acknowledge that I have read and understand the FGVA's – Club Release Policy.

PARTICIPANT (Print): _____

PARENT/ GUARDIAN (Print): _____

PARENT/ GUARDIAN (Signature): _____ **Date:** ____/____/____

_____/____

CLUB PROGRAM PARENT/ PLAYER 2020-21 HANDBOOK ACKNOWLEDGEMENT FORM



a. The Florida Gulfside Volleyball Academy (FGVA) – Club Program Parent/Player Handbook is provided online and presents information regarding expectations for players, parent behavior and consequences for misconduct.

b. Please read and review the information in the FGVA's Parent/Player Handbook with your daughter so that you have a clear understanding of its content.

I have read and understand the FGVA's – Club Program Parent / Player Handbook. If I have questions regarding anything written in this handbook I will contact the Club Director and review to my complete understanding before signing this form.

By our signatures below, we acknowledge that both, Parent and Player, have read and understand the entire FGVA's – Club Program Parent/ Player Handbook.

PARTICIPANT Print: _____

PARTICIPANT Signature: _____ **Date:** _____

PARENT/ GUARDIAN Print: _____

PARENT/ GUARDIAN Signature: _____ **Date:** _____

“It’s not the will to win, but the will to prepare to win that makes the difference”

- Paul Bryant



... the journey to the next level.